

FARMER, CULTIVATE YOUR FIELD!

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Marriage is like a field and the husband and wife are the farmers assigned to work on the field. They are responsible for the proper cultivation of their farm.



What should the farmer do in order
to make the most of the allotted
farm?

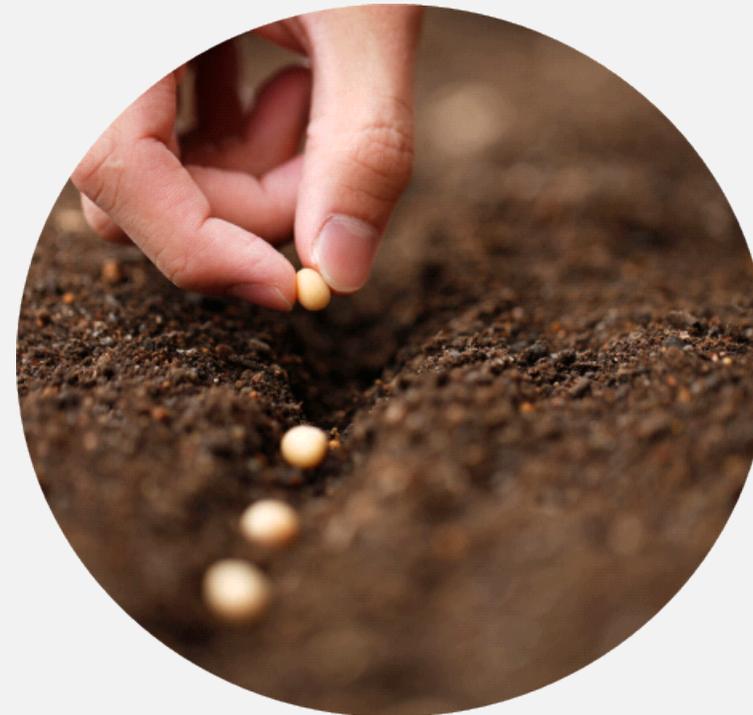


PREPARE THE LAND FOR PLANTING

This requires weeding, clearing, uprooting dead trunks etc.
Dear husband/wife, What are those things you need to clear out of the field of your marriage? Those things that will not allow you enjoy a good harvest e.g. grudge, malice, anger, cheating, dirtiness, laziness, unforgiveness etc. Please think about it, what are those things that need to be cleared? Bend down and start working at clearing your field. No one will do it for you!

PLANTING OF SEEDS:

Are you sowing kindness, tenderness, consideration, understanding, respect etc or you are sowing harsh words, abuses and curses. Remember, whatever you sow is what you will reap. Let us be conscious of our actions, they are seeds. Do you want a peaceful home? then let your words and actions be the type that will bring about peaceful response from your partner.





WATER YOUR PLANTS:

For proper growth, the plant needs sunshine, water, nutrients, sometimes fertilizer.

Dear husband/ wife, are you providing nourishment for your marriage? What are those things that provide nourishment? Things like romance, friendship, communication, togetherness etc. Be deliberate in investing time and resources in bringing daily nourishment to your relationship. Remember, without all these things, the marriage will die.



CONSTANT WEEDING AND PRUNING

Weeds will always show up to compete for the nutrients available for the plants. Please look around and look inwards. What are those things competing for your spouse space in your life? Is it that friend of the opposite sex? Your job? friends of easy virtues, pornography and other sexual pervasions? Or is it even your ego that needs to be pruned? Or other activities like new hobbies that prevents you from spending time with your spouse? Be sincere with yourself, without cutting off some friendships and habit, the marriage will continue to suffer.



UPDATE YOUR KNOWLEDGE

A Wise Farmer Needs To Keep Tab With Current Trends To Know About New Farming Techniques. Please Seek Information, Seek Knowledge, And Seek Professional Counsel. Buy Books, Listen To Cds, Follow Helpful Blogs And Other Influencers. Guy, Please Don't Think Counselling Is For Weak People.. It Is for the Strong And Wise. Get Help!



At Marriage Matters we offer empathic, confidential and solution focus counselling, coaching and mentoring to individuals, couples and families.

Are you experiencing any challenge in your relationship?

Do you want to RESOLVE Conflict?
RECREATE Passion or IMPROVE
Communication?

Contact us today:

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